ANNEXURE - C

SPECIAL DRIVING TRAINING COURSE FOR COMMERCIAL VEHICLE DRIVER

LESSON PLANS

(Formulated as per National Skill Development Corporation, Commercial Vehicle Driver ASC/Q9703, NSQF Level-IV standards)

(Applicable to TNSDC)

Prepared by

THE INSTUTE OF ROAD TRANSPORT, HEAVY VEHICLE DRIVER TRAINING WING, GUMMIDIPOONDI-601201

CURRICULUM / SYLLABUS (ASDC)

COMMERCIAL VEHICLE DRIVER

COURSE DURATION: 65 DAYS

SI. No.	Subject	Theory Hours	Practical Hours
1	Introduction	10	0
2	Co-ordinate with Depot	30	60
3	Vehicle Road worthiness	30	60
4	Driving	30	60
5	Work Effectiveness	30	30
6	Healthy & Safe working environment (Accident free)	30	30
7	Vehicle Mechanism Practical	0	120
	TOTAL	160	360

COURSE DURATION: 65 DAYS

LESSON PLANS

A. THEORY LESSONS DURATION				
l.	Traffic Education	-	26 H	ours
II.	Driving Theory	-	18	"
III.	Vehicle Mechanism Theory	-	50	"
IV.	Public Relations	-	09	"
V.	First Aid & Safety	-	09	u
VI.	Human Relations	-	09	"
VII.	Computer Basics & Communication Skills	-	26	u
VIII.	Theory and Practical Examination	-	13	u
	Theory and Practical Total	:	160	 Hours
B <u>. DR</u>	RIVING PRACTICE:			
I (A)	Basic Exercises (Driving Range)	-	9 H	ours
(B)	Skill Exercises (Driving Range)) -	9	u
II.	Rural & Highway Roads Practice(Ac	tual)-	18	"
III.	City Driving Practice (Actual)	-	18	"
	То	tal :	54 H	 ours
C. DRIVING PRACTICE OBSERVATION: -				Hours

D. VEHICLE MECHANISM PRACTICAL: - 120 Hours

Grand Total - 520 Hours

(I) TRAFFIC EDUCATION

Duration: 26 Hours

	LESSON		<u>TIME</u>
1.	Motor Vehicles Act	-	2 Hour
2.	Definitions	-	1 Hour
3.	Licensing Procedure	-	2 Hours
4.	Driving	-	2 Hours
5.	Control of Traffic	-	2 Hours
6.	Speed Limits	-	1 Hour
7.	Rules of Road Regulations, 1989	-	4 Hours
8.	Offences, Penalties and Procedure	-	1 Hour
9.	Hand Signals, Light Signals, Police Signals and Road Markings	-	4 Hours
10.	Traffic Signs	-	3 Hours
11.	Road Geometrics	-	2 Hours
12.	Junctions & Intersections	-	2 Hours
	Total	:	26 Hours

(II) DRIVING THEORY

Duration: 18 Hours

	LESSON		<u>TIME</u>
1.	Sitting Position	-	1 Hour
2.	Pre-driving Checks	-	1 Hour
3.	Controls and their uses	-	2 Hours
4.	MSM & PSL Routines	-	2 Hour
5.	IPDE Principle	-	2 Hour
6.	Reversing	-	1 Hour
7.	Parking	-	1 Hour
8.	Stopping distance and following Distance	-	1 Hour
9.	Curve Handling	-	1 Hour
10.	Driving under special conditions	-	1 Hour
11.	Driving under emergency situations	-	1 Hour
12.	Road user characteristics	-	1 Hour
13.	Diesel saving	-	1 Hour
14.	Accidents	-	1 Hour
15.	Qualities of a good driver	-	1 Hour
	Total	:	18 hours

(III) VEHICLE MECHANISM -Theory

Duration: 50 Hours

LESSON			<u>TIME</u>
General layout of the vehicle		-	3 Hours
Vehicle Dimensions		-	3 Hours
Engine		-	4 Hours
Engine power generation system		-	4 Hours
Fuel supply system		-	4 Hours
Lubrication system		-	3 Hours
Cooling system		-	3 Hours
Transmission system		-	4 Hours
Brake system		-	4 Hours
Suspension system		-	3 Hours
Steering system		-	3 Hours
Electrical system		-	3 Hours
Vehicle Maintenance		-	3 Hours
Tyre Maintenance		-	3 Hours
Battery and its maintenance		-	3 Hours
	Total	:	50 Hours
	General layout of the vehicle Vehicle Dimensions Engine Engine power generation system Fuel supply system Lubrication system Cooling system Transmission system Brake system Suspension system Steering system Electrical system Vehicle Maintenance Tyre Maintenance	General layout of the vehicle Vehicle Dimensions Engine Engine power generation system Fuel supply system Lubrication system Cooling system Transmission system Brake system Suspension system Steering system Electrical system Vehicle Maintenance Tyre Maintenance Battery and its maintenance	General layout of the vehicle Vehicle Dimensions Engine Engine - Engine power generation system Fuel supply system Lubrication system Cooling system Transmission system Brake system Suspension system Steering system Electrical system Vehicle Maintenance Tyre Maintenance Battery and its maintenance - - - Cooling system - Suspension system - Suspension system - Steering system - Electrical system - Cooling system - Suspension system - Steering system - Steering system - Cooling system - Suspension system - Steering system - Cooling system - Suspension system - Steering system - Steering system - Cooling system - Suspension system - Steering system - Steering system - Steering system - Cooling system - Suspension system - Steering system -

(IV) VEHICLE MECHANISM – Practical

Duration: 120 Hours

	PRACTICAL LESSON		<u>TIME</u>
1.	Vehicle cleaning and Lubrication	-	12 Hours
2.	Checking and Filling up oil levels	-	12 Hours
3.	Checking of various Bolts and Nuts	-	12 Hours
4.	Fitment of Fan belt and Changing Radiator Hose	-	16 Hours
5.	Battery Maintenance	-	16 Hours
6.	Attending of Air lock, oil block	-	16 Hours
7.	Air pressure checking and Tyres removal and fitment, Tube vulcanizing	-	16 Hours
8.	Engine Tune up	-	12 Hours
9.	Checking wheel alignment	-	4 Hours
10.	Brake adjustment	-	4 Hours
	Total	۱:	120 Hours

(V) PUBLIC RELATIONS

Duration: 9 Hours

9 Hours

<u>LESS</u>	<u>TIME</u>		
1.	Organization set up	-	1 Hour
2.	Study of Route Map	-	2 Hours
3.	Duties of the Driver	-	2 Hours
4.	Communication system	-	2 Hour
5.	Relationship with Passenger/ Public and Authorities/ Organiza	- ation	2 Hours
		Total :	9 Hours
(VI) First Aid	d & Safety	-	9 Hours

Principles and practice of First Aid- Structure and functions of Human body- First Aid Box-First Aid to victims of Road Accidents- Emergency contacts- Fire safety

(VII)Human Relations

Importance of human relationship-Job Stress-impact of Drugs & Liquor Drinking- Fatigue-Medication- YOGA

(VIII) COMPUTER BASICS & COMMUNICATION SKILLS

Duration: 26 Hours

13 Hours

<u>LESS</u>	TIME		
1.	Computer functions	-	4 Hours
2.	Internet & Multi Media	-	7 Hours
3.	Communication Skill	-	8 Hours
4	Demo & Practice	-	7 Hours
		Total :	 26 Hours

(IX)Theory & Practice Examinations -

HEAVY VEHICLE DRIVING PRACTICE

Duration: 54 Hours

I. (A). BASIC EXERCISES IN DRIVING RANGE: (9 Hours)

1.	Starting,	Moving and Stopping	-	1 Hour
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2. Clutch control practice - 1 Hour

3. Gear up practice - 1½ Hour

4. Gear down practice - 1½ Hours

5. Steering Handling Practice - 1 Hour

6. Accelerator Handling Practice - 1 Hour

7. Foot Brake Handling Practice - 1 Hour

8. Hand Brake Handling Practice - 1 Hour

I (B) SKILL EXERCISES IN DRIVING RANGE: (9 Hours)

1.	Practice in 'U' Turn	-	½ Hour

2. Practice in 3 Point Turn - 1/2 Hour

3. Practice in 5 Point Turn - ½ Hour

4. Reverse Practice using left side - ½ Hour

Branch Road

5. Reverse Practice using Right - ½ Hour

side branch Road

6. Reverse Practice in 'S' Bend - 1/2 Hour

7. Reverse Practice in '8' shaped Bend - ½ Hour

8. Angular Parking Practice (in Reverse - ½ Hour

Direction)

9. Parallel Parking Practice - ½ Hour

10. Perpendicular parking practice - 1/4 Hour

		Total	:	54 Hours
	5.	Driving Test	-	1 Hours
	4.	Driving Practice in Hill Roads (Actual)	-	1 Hours
	3.	Driving Practice in City Roads (Actual)	-	6 Hours
	2.	Driving practice in congested Roads (Ad	ctual)-	5 Hours
II.	1.	Driving practice in Sub-urban Roads (Ad	ctual)-	5 Hours
	2.	Driving Practice in Highway Roads (Actu	ual)-	6 Hours
l.	1.	Driving Practice in Rural Roads (Actual)	-	12 Hours
	20.	Practice in vehicle stopping without using brake	-	½ Hour
	19.	Practice in MSM & PSL Routines	-	½ Hour
	18.	Practice in IPDE Procedure	-	½ Hour
	17.	Practice in Vehicle starting by push start Method	t -	½ Hour
	16.	Practice in stopping Distance and Following Distance	-	½ Hour
	15.	Practice for Emergency stop	-	½ Hour
	14.	Practice in Hair pin Bends	-	½ Hour
	13.	3-Point Turn practice in slopes	-	1/4 Hour
	12.	Biting point practice in slopes	-	1/4 Hour
	11.	Parking in Slopes	-	1/4 Hour

for **DIRECTOR**